



SHARED VISION
PSYCHOLOGICAL SERVICES
Building Healthy Connections

Building Healthy Connections Newsletter May 2022

Resources for Families After Tragedy

SVPS
Blog

Below are recommended resources from our clinical staff for navigating tough conversations and managing distress with your family after tragedy.

If you or your family are in need of additional support or guidance during this time, please give our office a call at 630-571-5750.



Like us on
Facebook!

Caring for Kids After a School Shooting *from The Child Mind Institute*

"Listen well, and help them help each other."

[Click Here to Read](#)

Responding to Trauma and Tragedy in the Classroom: A Guide for Teachers and Caretakers *from SVPS Blog*

"Schools serve an important role in providing children with a safe space to learn and develop. The teacher-student relationship functions as a bridge for children who are gradually learning to tolerate more time spent away from their parents, through the support and protection provided from another caring adult. Teachers are also in an optimal position to provide emotional support to their students. As consistent and predictable adults in children's lives, they are often able to monitor changes in behavior that can be indicative of greater struggles developing under the surface."

[Click Here to Read](#)

Talking to children about terrorist attacks and school and community shootings in the news

from the National Center for School Crisis and Bereavement

"This guide offers advice on how to talk to children about tragic events, such as shootings and terrorist attacks, that they are likely to hear about at school and/or on the news."

[Click Here to Read](#)

Helping your children manage distress in the aftermath of a shooting

from the American Psychological Association

"As a parent, you may be struggling with how to talk with your children about a community shooting at a school or elsewhere. It is important to remember that children look to their parents to make them feel safe. This is true no matter what ages your children are, be they toddlers, adolescents, or even young adults."

[Click Here to Read](#)

@CBS Mornings Twitter:

"Dr. Jamie Howard of the @childmindinst explains how parents can talk to their school-aged kids about "big traumatic things" so that they get factual information before hearing sensationalized versions from their peers."

[Watch It Here](#)

Other Services We Offer

- Individual, Couples, and Family Therapy
- Comprehensive Diagnostic Evaluations
- Collaboration with Schools
- Consultation to Professionals
- Community Presentations, Seminars, and Training
- Pre- and Post- Adoption Psychological Services
- Developmental & Special Needs Psychological Services



Contact Us!

Shared Vision Psychological Services, Inc.
(phone) 630.571.5750, ext. 224 | (fax) 630.571.5751
www.sharedvision.org

Shared Vision Psychological Services | 1200 Harger Road, Suite 600, Oak Brook, IL 60523

[Unsubscribe bberent@buildinghealthyconnections.org](mailto:bberent@buildinghealthyconnections.org)

[Update Profile](#) | [Constant Contact Data Notice](#)

Sent by bberent@buildinghealthyconnections.org powered by



Try email marketing for free today!