



SHARED VISION
PSYCHOLOGICAL SERVICES
Building Healthy Connections

Building Healthy Connections Newsletter April 2024

April is Autism Acceptance Month!

Autism Acceptance Month emphasizes increasing awareness, support, and advocacy for autistic people as well as driving actionable change to improve inclusivity.

Follow the links below for more information:

**Learn
About
Autism**

**Join
Advocacy
Efforts**

**Books on
Autism &
Neurodiversity**

Our Neurodivergent Support Groups - Now Enrolling!

Neurodiverse High School Support Group

Navigating relationships and building social confidence can be difficult for any teenager in high school. This can be especially the case for teens who have a neurodivergent diagnosis such as autism, obsessive-compulsive disorder, or attention-deficit/hyperactivity disorder. Rather than over-focusing on what is “normal” connection, this specialized and strength-focused group allows neurodivergent teens to explore themselves and others in an empathic, safe, and encouraging way in hopes of creating new social skills and building relational bonds with peers.

Early 20's Neurodiverse Support Group

This support group has been designed to meet the distinctive needs of individuals with neurodivergent diagnosis in their early 20's as they navigate the many obstacles commonly found in young adulthood. With a heavy emphasis on connection, emotional awareness, and the search for identity as an emerging neurodivergent adult, this group provides a safe space to assure self-confidence, create meaningful relationships, and explore one's options in education and career.



Register Today!

Recommended Blog...



Autism Acceptance Month: What is Neurodiversity?
SVPS Blog

[Click Here to Read](#)

Other Services We Offer

- Individual, Couples, and Family Therapy
- Comprehensive Diagnostic Evaluations
- Collaboration with Schools
- Consultation to Professionals
- Community Presentations, Seminars, and Training
- Pre- and Post- Adoption Psychological Services
- Developmental & Special Needs Psychological Services



[Contact Us!](#)

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