

SVPS Clinical Psychology Post-Doctoral Fellowship

Training Program Curriculum Overview

At Shared Vision Psychological Services, Inc. (SVPS), one of our primary initiatives is to enhance the growth of the next generation of caring professionals in our field by offering wide-ranging, hands-on experience providing treatment to the clients we serve. The Clinical Psychology Post-Doctoral Fellowship Program at SVPS is a full-time (40 hours per week), 12-month long program for qualified graduates from clinical psychology graduate school programs. Relying on a comprehensive array of psychodynamic and developmental theories, the program affords clinicians opportunities to provide an extensive blend of therapeutic, diagnostic, and consultative services to children, adolescents, adults, and families in our outpatient professional setting. Our clinic fosters professional development through balanced, comprehensive supervision that affords consistent guidance, encouragement for self-reflection and awareness, and support for increased autonomy and growth. The established Clinical Psychology Training Program at SVPS maintains the utmost attention to current literature and empirical research, considerations for individual diversity, effective multidisciplinary collaboration, and professional ethics. We strive to provide the highest quality training environment through rich clinical opportunities that propel our post-doctoral fellows into creative, unique, and fulfilling careers in clinical psychology.

The program begins annually in mid-July. If a fellow is unable to complete their graduate program requirements by that time or is in need of a different start date due to conflicts surrounding the completion of internship, accommodations will be considered on a case-by-case basis by The SVPS Training Committee.

Post-doctoral fellows provide a broad range of treatment services at our outpatient clinic, including play therapy, individual psychotherapy, family psychotherapy, group psychotherapy, couples therapy, and parent guidance services. Fellows also conduct comprehensive diagnostic evaluations incorporating social-emotional, neuropsychological, and developmental facets of assessment. On a weekly basis, fellows will participate in individual clinical supervision and attend didactic and experiential seminars that include rotating clinical topics, case presentations, and trainings emphasizing the integration of professional literature and clinical practice. Post-doctoral fellows are also encouraged to engage in specialized programming, including but not limited to: Developmental & Special Needs Services, School & Community Outreach, Group Therapy Programming, Bilingual Services, and Research and Professional Development.

SVPS Post-Doctoral Fellowship Eligibility Requirements

Applicants must have graduated from a Ph.D. or Psy.D. program in clinical psychology from an accredited university and have completed (or be in the process of completing) at least three years of supervised clinical work. Candidates from APA-accredited doctoral programs are preferred. As SVPS specifically offers formal training from a psychodynamic lens with a particular emphasis on attachment-based theories, only applicants who have had prior experience and/or an identified in acquiring a more extensive background working from these theoretical perspectives will be considered for review. Applicants with diverse backgrounds and experiences, including bilingual competencies in therapy and assessment, are encouraged to apply. Interest and/or experience in Neuropsychological and/or Developmental assessment is preferred and strongly encouraged. Other requirements include:

- Previous clinical training experience working with children and adolescents
- Relevant graduate academic coursework in child and adolescent development and treatment
- Experience with the administration and integration of the Rorschach in assessment report writing

Training Program Curriculum Components:

Clinical Training in Psychological Intervention

Through a thorough intake process (conducted and placed by senior clinical supervisors) that prioritizes the fellow's needs, skills, and areas of experience, interest, and expertise, post-doctoral fellows are assigned 20 to 25 psychotherapy clients to work with throughout the year. A post-doctoral fellow's individual caseload typically consists of a combination of children, adolescents, adults, couples, families, and/or groups, with clients of varying backgrounds and clinical presentations. Fellows offer parent guidance to all parents/guardians of the individual child and adolescent clients on their caseloads. This framework ensures that fellows receive abundant exposure to family-based work throughout the course of their training year. The SVPS parent-guidance model provides caregivers with ongoing opportunities to receive feedback regarding their child/adolescent's treatment progress with guidance towards supportive interventions parents can utilize. The goal is to further alleviate presenting clinical concerns while strengthening parent-child attachment relationships and related treatment recommendations.

Clinical Training in Diagnostic Testing and Evaluation

The SVPS Assessment Clinic provides psychological and neuropsychological testing and consultation on an outpatient, fee-for-service basis. Specific services include: full battery psychological assessment, including assessment of global intellectual/cognitive functioning, assessment of executive functioning, psycho-educational testing, early childhood assessment, social and emotional functioning, differential diagnostic assessment, collaboration with the Shared Vision Developmental Clinic during assessment of autism spectrum disorders, and consultation on assessments done previously by professionals in the community. Assessments are requested in our clinic primarily for child and adolescent clients who present with a wide range of presenting problems and symptoms. We complete assessments on many clients referred through area pediatricians and child psychiatrists, through the SVPS outpatient psychotherapy clinic, and outpatient clients referred from the local community. In addition to assessment services, the post-doctoral fellowship also includes leadership opportunities in training and supervision with Doctoral Interns and Externs.

Individual Supervision

Each fellow receives one hour of weekly scheduled individual supervision from a Licensed Clinical Psychologist who is a member of the SVPS Training Committee. Additional supervision is available as needed for therapy and assessment cases by senior clinical supervisors, clinic consultants, staff clinicians, and/or supervisors-in-training. Supplemental collegial supervision and case consultation takes place on a frequent, ongoing basis. While each fellow has a designated individual supervisor within the organization, our staff maintains an open-door policy for all clinicians in our training program, in an effort to promote staff-wide access for case collaboration and consultation whenever needed and/or desired. A fellow's post-doctoral hours, including direct service, support hours, supervision, and training activities, are monitored monthly along with a progress summary of their therapy caseloads, through use of a Monthly Summary tracking sheet. This form is submitted to direct individual therapy supervisors and discussed in individual supervision.

Clinical Seminar

Weekly didactic and experiential seminars are one hour in length and include rotating clinical topics, case presentations, in-services, and trainings that emphasize the integration of professional literature and clinical practice. Training materials and seminars provide emphasis on theoretically diverse approaches to treatment, effective family-focused interventions, approaches to parent consultation and guidance, factors of diversity and individual difference, and clinical approaches to emotional, social, neurobehavioral, eating, and learning disorders across the lifespan. Seminar leadership rotates across members of the SVPS staff throughout the training year. When seminars are didactic, a portion of seminar time is consistently allotted for discussion and group supervision of cases as they pertain to the topic. Seminar presentations are broken down into segments reflecting areas of expertise of each staff clinician, and include opportunities for presentations facilitated by post-doctoral fellows.

Supervision of Groups

This bi-monthly consultation group aims to provide externs, doctoral interns, and post-doctoral fellows with an opportunity to collaborate and consult with both their cohort and staff clinicians who participate in facilitating psychotherapy groups. The Group Consultation hour provides a space to check-in about administrative tasks, discuss program development, as well as process group dynamics.

Monthly Clinical Reading Group

This group training experience is dedicated to better understanding psychodynamic ideas. It is also built to offer an enriched understanding of the intersection between psychodynamic theory and social neuroscience as a way to explain brain-behavior relationships in the social and emotional arena. Reading that connects these findings to analytic ideas bridge the two disciplines. Implications for testing and psychotherapy are discussed. The Clinical Reading Group, facilitated for one hour once per month by SVPS Staff, is mandatory for Doctoral Residents and optional for Post-Doctoral Fellows.

Early Career Director of Clinical Training Meetings

The Post-Doctoral Fellows with the DCT once per month throughout the year (often over brown bag lunch) to discuss relevant items related to professional development, administrative, research, and/or clinical issues, as well as to obtain feedback and support with regard to their training experiences at SVPS.

Agency Trainings, Professional Development, Outreach, & Program Development

On an ongoing basis, fellows are involved in all in-house workshops and seminars at no cost to them. Further, post-doctoral fellows are provided opportunities to engage in the clinic's program development, community outreach, research, and professional development initiatives, should they elect to do so during their training year. Several staff members host various consultation and reading groups for clinical enrichment, and fellows are invited to participate in these activities alongside SVPS staff. SVPS also covers specialized supervision and/or consultation when necessary.

Didactic Seminar Topics Include:

- 🌻 Child & Adolescent Development & Psychopathology
- 🌻 Providing Parent Guidance & Consultation
- 🌻 Adult Psychotherapy & Psychopathology
- 🌻 Eating Disorders: Conceptual & Treatment Issues
- 🌻 Interpersonal Neurobiology
- 🌻 Child Maltreatment: Ethical & Clinical Considerations
- 🌻 Qualitative Analysis of Cognitive Measures
- 🌻 The Developmental Impact of Parental Divorce
- 🌻 Helping Clients & Families Coping with Medical Illness
- 🌻 Learning Disabilities: Assessment & Intervention
- 🌻 Clinical Risk Issues: Ethical Assessment & Intervention
- 🌻 Mind-Body Connection: Psychology of Wellness
- 🌻 Therapist Self-Care
- 🌻 Elements of Mourning & Loss in Psychotherapy
- 🌻 Treatment Transitions & Terminations
- 🌻 Psychoanalytic/Psychodynamic Theory & Conceptualization
- 🌻 Family Assessment & Therapy
- 🌻 Utilizing School-Based Interventions
- 🌻 Treatment with Developmental & Special-Needs Populations
- 🌻 Play & Sandtray Therapies with Children & Adolescents
- 🌻 Circle of Security Series
- 🌻 Understanding & Interpreting the Rorschach
- 🌻 Social Aggression
- 🌻 Professional Ethics in Clinical Practice
- 🌻 DIR Floor-Time
- 🌻 Narrative Therapy
- 🌻 Substance Abuse Assessment & Intervention
- 🌻 Attachment Theory & Partner Violence
- 🌻 Considerations for Diversity in Assessment & Treatment
- 🌻 Negotiating Common Clinical Challenge

SVPS Post-Doctoral Fellowship Recruitment & Selection

Application Process

Applications for our post-doctoral fellowship are reviewed on a rolling basis. The following documents are required for the fellowship application process:

1. Cover letter
2. Resume/Curriculum Vitae
3. One writing sample of a full, de-identified psychological assessment report
4. One clinical treatment summary that includes reason for referral, relevant background information & diagnoses, theoretical conceptualization, and treatment process, including a description of the therapeutic relationship
5. 2-3 letters of recommendation. At least one of these letters must be written by a previous clinical supervisor, while others may be completed by professors with extensive knowledge of the applicant's clinical and academic strengths
6. Official graduate school transcript(s)

PLEASE NOTE:

Given the clinic's location, access to a car/personal means of transportation is required for this training site.

To apply, submit applications to:

Sari H. Rosenberg, Psy.D.
srosenberg@sharedvision.org
Shared Vision Psychological Services, Inc.
1200 Harger Road, Suite 600
Oak Brook, IL 60523

Respect for Cultural and Individual Diversity

SVPS is committed to a policy of equal opportunity for all applicants for employment and training in a manner that is consistent with applicable local, state, and federal laws. Likewise, the SVPS Clinical Psychology Doctoral Training Program is committed to promoting respect for cultural and individual diversity, and understanding human diversity is an integral component and developmental competency of the SVPS clinical training program. Our emphasis in this area of clinical experience is achieved through the clinic's personnel policies, the training program's didactic curriculum, the issues discussed and processed in supervision and training seminars, and the opportunities of working with the clinic's diverse client population. In addition, SVPS has budgetary allowances for outside clinical consultation on a range of topics including issues of diversity and individual difference as necessary to enhancing the growth and expertise of our team of clinical psychologists and clinicians-in-training.

SVPS makes every effort to recruit candidates, graduate trainees, and staff from diverse backgrounds and with a diverse range of personal and professional experiences. In the spirit and support of our Equity and Inclusion Policy and our Policy on Harassment and Discrimination, SVPS does not discriminate on the basis of race, color, gender, sexual orientation, citizenship, cultural background, marital status, unfavorable military discharge, or any additional status protected in areas of staff hiring, assignment, promotion, or discipline.