

Building Healthy Connections Newsletter January 2025

NEW! Dungeons & Dragons Therapeutic Group



Shared Vision's new Dungeons & Dragons Therapeutic Group offers a unique outlet for individuals to come together as they tackle obstacles, collaborate with peers, and express themselves through the classic role-playing board game. These weekly extended group therapy sessions typically begin with gameplay followed by time allotted for members to reflect on their in-game experiences and how they connect to their personal lives and identities. Each member will be provided the opportunity to create characters and serve as the Dungeon Master throughout the course of this time limited group.

For more information or if you are interested in joining, please contact our Group Services Coordinator, Dr. Collin Shotts, at cshotts@sharedvision.org or 630-571-5750 x. 231.

Important Insurance Reminder for 2025

The start of the new year can often bring new insurance policies, plans, HSA cards and/or changes to your deductible. We ask that you notify our office as soon as possible if your coverage has changed in any way so that we can keep your billing information up to date.



If you have a client portal account, you can update your insurance information anytime by submitting a new "Client Insurance Form" listed under "Always Available" in the "Documents" tab. You can also update your payment method anytime by submitting a new "Payment Authorization Form" listed in the same section.

Questions? Feel welcome to contact our Billing Specialist, Dorothy Fees, at dfees@sharedvision.org or **630-571-5750 x. 236**.

Other Services We Offer

- Individual, Couples, and Family Therapy
- Comprehensive Diagnostic Evaluations
- Collaboration with Schools
- Consultation to Professionals
- Community Presentations, Seminars, and Training
- Pre- and Post- Adoption Psychological Services
- Developmental & Special Needs Psychological Services



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