



SHARED VISION
PSYCHOLOGICAL SERVICES
Building Healthy Connections

Building Healthy Connections Newsletter **Summer 2025**

Meet Our New Clinical Team Members!



Corrin Bogan, M.A.

Doctoral Resident



Jane Kim, M.A., M.S.Ed.

Doctoral Resident



Brandon Less, M.A.

Doctoral Resident



Hannah Rahman, M.A.

Doctoral Resident

Our Group Services

Social Skills Groups, Ages 10-11

Our weekly 50-minute Social Skills Groups have a relational focus that teaches children how to approach others, resolve conflict, and make friends. Our groups aim to help children develop a deeper capacity for relatedness that can be translated into more meaningful relationships, both at home and at school. This group is primarily focused on building healthy social skills, emotional expressiveness, and identifying and empathizing with the emotions of others. Children in our Social Skills Groups often leave with the following tools:

- Increased patience
- Decreased impulsive behavior
- Confidence to initiate conversation
- Ability to resolve conflict
- Greater awareness of social cues
- Capacity to respond to others with understanding and empathy
- Feelings of connection with peers
- Increased self-esteem in social situations

Early 20's Neurodiverse Support Group

This support group has been designed to meet the distinctive needs of individuals with neurodivergent diagnoses in their early 20's as they navigate the many obstacles commonly found in young adulthood. With a heavy emphasis on connection, emotional awareness, and the search for identity as an emerging neurodivergent adult, this group provides a safe space to assure self-confidence, create meaningful relationships, and explore one's options in education and career.

Benefits of Group Therapy at Shared Vision

1. Compassionate Onboarding

We understand that joining a group can be stressful — our staff provides personalized, supportive guidance every step of the way.

2. Tailored Group Matching

Individuals are thoughtfully matched with peers of similar age and presenting concerns to foster meaningful connection and support.

3. Support Across the Lifespan

Our clinicians are trained to create and facilitate support groups for individuals across the lifespan, from early childhood to older adulthood, ensuring age-appropriate care at every stage.

4. Expert-Led Therapy

All groups are led by experienced clinicians trained in developmental, attachment-focused psychology, with a deep commitment to diversity, inclusion, and cultural equity.

5. Safe, Skill-Building Environment



Each group offers a secure space for building relational and emotional skills, guided by developmental and attachment-based practices.

6. Supportive, Small Group Settings

Our groups are intentionally small to reduce overwhelm and maximize individual support.

7. Focused on Lasting Change

Through shared experiences and professional facilitation, participants cultivate long-term growth, connection, and healing.



Interested in Joining? Secure Your Spot!



**Click here to schedule
Free Group Therapy.
Introductory Consultation**



At your scheduled time, our Groups Coordinator will call you to confirm your interest and add you to the waitlist for your selected group.



Once we reach the minimum number of members needed to launch the group, we'll notify you right away.

Other services we offer:

- Individual, Couples, and Family Therapy
- Comprehensive Diagnostic Evaluations
- Collaboration with Schools
- Consultation to Professionals
- Community Presentations, Seminars, and Training
- Pre- and Post- Adoption Psychological Services
- Developmental & Special Needs Psychological Services



Visit Us Online

Contact Us

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