



Building Healthy Connections Newsletter November 2025

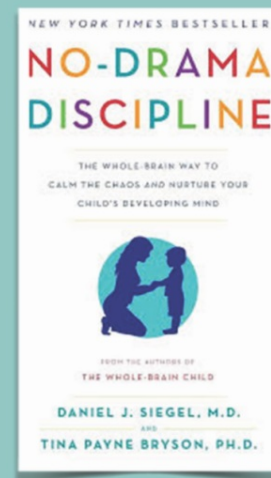
Upcoming Parenting Workshop Register Today!

Join us for an upcoming SVPS Parenting Workshop: No-Drama Discipline! Our panel of clinicians will provide a roadmap for developing healthy boundaries and limits for children when tension arises- taking the drama out of discipline- and moving towards calm and confident parenting.

See more details and registration link below.

SVPS Parenting Workshop:

NO-DRAMA DISCIPLINE



Join a panel of SVPS clinicians to explore the principles of *No Drama Discipline*, a parenting guide by Drs. Daniel Siegel and Tina Payne Bryson that uses a whole-brain approach to discipline through what we know about brain development and attachment. Opportunities for application to real-life challenges will be encouraged.

Wednesday, December 3rd
12:00PM-1:00PM CT
VIRTUAL

Zoom link provided upon registration
\$30 per person or \$50 per 2 participants

**Click Here to
Register**



Questions?

Contact Dr. Collin Shotts at CShotts@sharedvision.org

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