

Building Healthy Connections Newsletter April 2026

Autism Acceptance Month



Autism Acceptance Month emphasizes increasing awareness, support, and advocacy for autistic individuals as well as driving actionable change to improve inclusivity. Follow the links below for more information:

[Learn about Autism](#) | [Join advocacy efforts](#) | [Books on Autism](#)



Autism Acceptance Month: What is Neurodiversity?

Neurodiversity emphasizes brain differences—not deficits—challenging the idea of “normal” and the pressures to conform to neurotypical ideals. These differences are a natural part of human diversity, and a more empathetic, inclusive world allows neurodiverse individuals to harness their strengths. In this blog, Dr. Anna Fogarty explores what neurodiversity is, the “double empathy problem,” the benefits of assessment and screening, and ways to support a more inclusive world.

[Read More](#)

Child Abuse Prevention Month

April is National Child Abuse Prevention Month. You may have noticed blue pinwheels throughout our office. The pinwheel is widely recognized as a symbol of child abuse prevention, representing the happy, healthy childhood every child should experience.

In the Pinwheels of Possibility campaign, it carries an added layer of meaning. With families at the heart, each spin reflects the many supports that help them grow stronger—systems, services, policies, and everyday acts of compassion.

Click here to learn more, find resources, and see how you can get involved in child abuse prevention.



Child Abuse Prevention Month: Recognizing Signs of Sexual Abuse

Recognizing possible warning signs is an important step in protecting our kids. In our latest blog post, Dr. Kristin Condon shares insights on recognizing possible warning signs of abuse, along with resources for talking about body safety and accessing support.



[Read More](#)

Other Services We Offer

- Individual, Couples, and Family Therapy
- Comprehensive Diagnostic Evaluations
- Collaboration with Schools
- Consultation to Professionals
- Community Presentations, Seminars, and Training
- Pre- and Post- Adoption Psychological Services
- Developmental & Special Needs Psychological Services



[Contact Us](#)

Shared Vision Psychological Services, Inc.
(phone) 630.571.5750 | (fax) 630.571.5751
www.sharedvision.org

Shared Vision Psychological Services | 1200 Harger Road Suite 600 | Oak Brook, IL 60523 US

[Unsubscribe](#) | [Update Profile](#) | [Constant Contact Data Notice](#)



Try email marketing for free today!